



QUALITY CIRCLE FORUM OF INDIA

(A Non-profit, National Body for Propagation Of Concept And Quality
With Quality Circle As An Integral Part, Registered Under A.P. Public Societies Act 1350F)

MYSURU CHAPTER - C/o AUTOMOTIVE AXLES LIMITED,
Hootagalli Industrial Area, Off Hunsur Road, Mysuru - 570 018, Karnataka State, India.
Phone: +91 821 7197503 Email: qcfirmysuru@gmail.com

Proudly Presents Women's Day Celebration - WORKSHOP ON BALANCE FOR BETTER

Date : Tuesday, 12th March 2019 9-30am to 5-00pm

Venue : L&T, CTEA, Training Centre, Gate No. 3, Hebbal Industrial Area, Mysuru - 18.
(Opp. Podar International School)

Introduction : The future is exciting. Let's build a gender-balanced world. Everyone has a part to play - all the time, everywhere. From grassroots activism to worldwide action, we are entering an exciting period of history where the world expects balance. We notice its absence and celebrate its presence. Balance drives a better working world. Let's all help create a #Balance for Better.

The 2019 #BalanceforBetter campaign runs all year long. It doesn't end on International Women's Day.

The campaign theme provides a unified direction to guide and galvanize continuous collective action, with #BalanceforBetter activity reinforced and amplified all year.

Course Contents:

- ◆ **Introduction and Workshop Contracting**
 - a) Objectives and Expectations b) Effective Goal-setting
- ◆ **Taking Ownership**
 - a) Understanding Self b) Taking charge of Progress
 - c) Building Inner Harmony
- ◆ **Relationship Management**
 - a) Workplace Relationships b) Social Relationships
 - c) Family Relationships d) Building Support systems
- ◆ **The Art of Parenting**
 - a) Achieving win-win situations b) Understanding the needs
 - c) Solutions for the Challenges d) Bridging the gap
 - e) Bringing in the Fun factor
- ◆ **Better the World**
 - a) Spreading Positivity b) Understanding Responsibilities
 - c) Importance of de-clutter d) Creating Healthy climate
 - e) Social awareness-Empathy

Methodology :

Case studies, Group Discussions, Practical Exercises and other effective and innovative training techniques.

Who can attend :

Shop Supervisors, Executives/Managers in all functions such as HR, Finance, Marketing, Sales, Projects, Production, Supply chain, Customer care, internal training Executives, Team leaders etc.

Faculty :



Savitha Shenoy :

She is associated with the Training world as a Senior Learning & Development Specialist.

She has in her Portfolio more than 15 years of vibrant experience in Soft Skills, Language Enhancement, Selling Skills, Public Speaking, Motivation and Counseling

Her Credentials include:

M.A. & M.Phil (English), M.S. (Counseling & Psychotherapy)
NLP Practitioner from NFNLP, USA
Corporate Trainings conducted at Accenture, HP, Wipro, Ernst & Young, HCL, ABB Global,
Corporate Certifications: Infosys: Campus to Corporate

Director
Dr. Muthukumar N
Automotive Axles Ltd.,
Mysuru

Chairman
Krishnakumar P
Brakes India Ltd.,
Nanjangud

Vice Chairman
T V Venkataram
Kaynes Technology
India Pvt. Ltd - Mysuru

Secretary
Abdul Kareem
Automotive Axles Ltd.,
Mysuru

Joint Secretary
L MURALI
Contact : 9880654150

Treasurer
Wadiraj K J
Cyient DLM Pvt. Ltd.
Mysuru

Course fee **Rs 1250.00 per participant.** (One thousand two hundred and fifty only plus GST of 18 % tax) Cheque to be drawn in favour of QCFI MYSURU CHAPTER in case of payment.

For Registration Contact : Mr. L. Murali - 9880654150

Bank Details are

Name of the Bank : State Bank of India, SME Hebbal Industrial Area Branch, Mysuru.
CC Account No. : 37836021336 IFS Code NO. : SBIN 0040543
Branch : 40543 GSTIN : 29AAAAQ0008P1ZF SAC Code : 999293



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Proudly Presents Women's Day Celebration - Function For Honoring Change Maker

Date : Tuesday, 12th March 2019 9-15am

Venue : L&T, CTEA, Training Centre, Gate No. 3, Hebbal Industrial Area, Mysuru - 18.
(Opp. Podar International School)



Cordially invites you to the inauguration of
4th International Women's Day, on 12th March 2019
by

Smt. A.P. Savitha,
M.A., M.S.W., L.L.M.

Principal, Mahajana Law College, Jayalakshmi Puram,
Mysuru - 570 012.

Keynote address

Dr. N. Muthukumar
Director QCFI

Presided by

P. Krishnakumar
Chairman- QCFI Mysuru Chapter

Honoring of Change Makers

Smt. Meera K.

Workshop on **BALANCE FOR BETTER**

By Mrs. Savitha Shenoy

Mr. T.V. Venkataram | Mr. Abdul Kareem | Mr. L. Murali | Mr. Wadiraj
Vice Chairman | Secretary | Joint Secretary | Treasurer

CHANGE MAKER



Smt. MEERA K

32 years of service contributing the best of my knowledge towards the advancement and growth of the society.

EDUCATION

BA - Mysore University, B.Ed -
Mysore Univeristy, D.Ed - NIVH
Dehradun, Special B.Ed - Karnataka
Open University

PROFESSIONAL EXPERIENCE

Ranga Rao Memorial School For Differently
Abled, Mysuru. -1992 - 2018,
OLV Convent, Somwarpet - 1978 - 1982
Dakshina Bharatha Mahila Sangham, Bengaluru
- 1976 - 1978

ACHIEVEMENTS

Awarded Scroll of Honour -
"Teacher Par Excellence" by
Rotary Central Mysore and Inner
Wheel Club of Mysore Central

Director
Dr. Muthukumar N
Automotive Axles Ltd.,
Mysuru

Chairman
Krishnakumar P
Brakes India Ltd.,
Nanjangud

Vice Chairman
T V Venkataram
Kaynes Technology
India Pvt. Ltd - Mysuru

Secretary
Abdul Kareem
Automotive Axles Ltd.,
Mysuru

Joint Secretary
L MURALI
Contact : 9880654150

Treasurer
Wadiraj K J
Cyient DLM Pvt. Ltd.
Mysuru

Sponsorship amount **Rs 5000.00 for honoring Change Maker** (Five thousand only plus GST of 18 % tax) Cheque to be drawn in favour of QCFI MYSURU CHAPTER in case of payment.

For Registration Contact : Mr. L. Murali - 9880654150

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